

Mono Tower ASSEMBLY MANUAL





This assembly instruction is designed to provide a step by step guide to ensure easy and safe erection using the 3T (Through the Trap) build method.

Read this guide and ensure understanding before starting assembly.

SAFE WORKING LOADS AND WORKING HEIGHTS

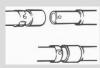
The Mono 250 has been designed for Class 3 load conditions. The total load on the tower should not exceed 360kg. Do not extend the build height above that shown in this guide.

ASSEMBLY PROCESS

1. Preparation

- Locate the tower level adjusters on each leg at 10cm (4 inches) from the bottom of the leg.
- Unlock the interlock clips on all frames.
- When installed, always move the interlock clip to the "locked" position.
- Sort the braces into horizontal and diagonal braces the diagonals are slightly longer.
- · Unlock the brace locks.





Unlocked

Locked



Unlocked

Locked

2. Base

- Step 1: Install castor into adjustable leg.
- Step 2: Ensure interlock clips are released from the base frames (bottom frames).
- Step 3: Install castor / leg assembly to frame by pushing the leg into the frame tube. This should be done with manual force only, without tools.
- Step 4: Lock castors before ascending any part of the tower.
- Step 5: Ensure the base is level before adding further components.

Note the locking and unlocking position for the castors as shown here. Unlocked Locked

3. Locking down the platform (Windlock)

A windlock clip is installed on the platform at the hook. This is locked as shown here.



Unlocked

Locked



USAGE ADVICE

- We recommend a minimum of two people to assemble, dismantle and move the platform tower.
- Check that all components (including a spirit level and suitable rope for lifting as required) are on site and in good working order.
- Ensure that the assembly location is checked to prevent hazards during assembly, dismantling or
 moving and while working on the tower. Particular attention should be given to the ground condition,
 whether level or sloping, ensuring it is clear of obstructions and capable of supporting the tower
 structure. Wind conditions must be checked.
- Check that the tower is level (< 1 degree from vertical) by placing a level on a horizontal frame member and horizontal brace.
- Towers must always be climbed from the inside of the assembly using the horizontal rungs of the end frames
- Lifting of components must be done inside the effective base area of the tower; components are normally hoisted using a rope.
- Moving the tower must only be done by manual effect from the base of the tower.
- When moving tower be aware of overhead hazards (e.g. electric cables).
- No personnel or material to be on the platform whilst the tower is being moved.
- Beware of horizontal loads which can lead to instability of the tower. The maximum side force is 20kg.
- Do not use boxes or steps to gain additional height. If extra height required, contact your distributor to get extra components.
- Do not lift or suspend an assembled mobile tower.
- Damaged components or components from other tower systems must never be used.
- The correct stabilisers should always be fitted when specified, ensuring good contact is made between the stabiliser and the ground.
- When wind exceeds Beaufort force 4, cease using the tower.
- If wind is expected to reach Beaufort force 6, tie tower to a rigid structure.
- If winds of Force 8 are forecast, dismantle the tower or remove to shelter.
- Note that wind force can be greater around buildings, particularly at building corners and where the shape of the building could cause a 'tunnelling' effect such as open-ended or partially clad buildings.
- Before each use: ensure that the tower is complete, correctly assembled and vertical (adjust if necessary); ensure that environmental change has not influenced safe use.

Wind speeds								
Force	Peak mph	Peak km/h	Peak m/s	Guidance				
4	18	29	8.1	Moderate breeze - raises dust & loose				
6	31	50	13.9	Strong breeze - difficult to use umbrella				
8	48	74	20.8	Gale force - walking is difficult				

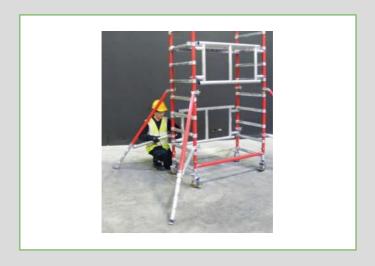
CARE AND MAINTENANCE

- Keep all equipment clean, especially spigots and sockets where frames join. Spigots should fit easily into sockets. Lubricate with light oil.
- · Remove dirt or paint from adjustable legs with a light brush, lightly oil the leg locks.
- Do not strike or hammer components. Do not throw or drop onto hard surfaces.
- Lightly oil spring mechanism of the hooks.
- For transport and storage, components are best stored vertically.
- Damaged parts must be repaired or replaced; refer to the Instant Upright website for further advice or contact your equipment supplier for advice.
- Observe national regulations



STABILISERS

Stabilisers are to be used, when specified, to guarantee the structural stability of the tower.



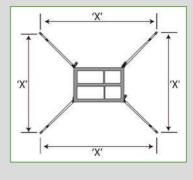






Fig 2 Fig 3 Fig 4

X=2700mm

ALWAYS ENSURE STABILISER SIZE IS CORRECT AND ABLE TO SUPPORT TOWER

Lightly tighten the upper clamps above the sixth rung on each corner post. Position the lower clamp above the bottom rung. Ensure the lower arm is as horizontal as possible. Position the stabilisers so that the footpads are approximately equidistant from each other, as shown in Fig.2. Adjust the outrigger and Reposition the clamps as required to make firm contact with the ground. Ensure the clips with locking pin are in place. When in the correct position, tighten the clamps firmly.

To position the tower against a wall, do not remove the stabiliser; move parallel with the wall. (Fig.3)

To position the tower in a corner, remove the inside stabiliser and place the outside two parallel with the wall. (Fig.4)



SPECIFIC PRODUCT INFORMATION

Table of parts and quantities

Mono 250 - 2m, 4m to 851139-6 to EN1004 and WAHR								
Platform Height (m)	1m	2m	3m	4m				
Work Height (m)	3m	4m	5m	6m				
Tower Height (m)	2m	3m	4m	5m				
Tower Weight in kg	68.2	82.7	135.2	149.2				

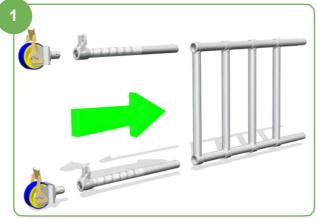
Description	Weight (kg)	1m	2m	3m	4m
1m extension frame	5.0	4	6	8	10
Guardrail bracing-frame	4.0	3	4	6	7
Trapdoor platform (1.3m)	9.5	1	1	2	2
Horizontal brace	1.5	1	1	1	1
Stabiliser	4.5	-	-	4	4
Adjustable leg	2.3	4	4	4	4
Castor	4	4	4	4	4
Toe-board set	6.0	-	-	1	1
Hanging brackets	0.5	-	1	3	3

MOVING TOWER

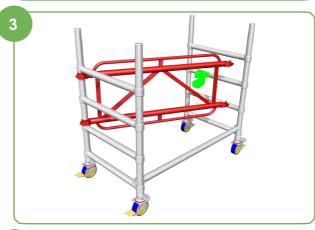
To move the tower to a new position, first prepare the tower.

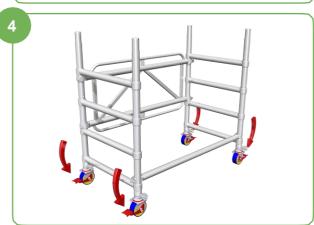
- Check that the wind speed does not exceed 29km/h (8.1m/s).
- Ensure the tower is empty (material and personnel).
- Check for overhead obstructions including electrical cables.
- Raise and stabiliser feet (only enough to clear obstructions).
- Taking care to ensure tower stability is maintained.
- Release the castor brakes.
- Carefully move the tower by manually applying force at the base. Do not use mechanical means to move the tower.
- Once positioned prepare the tower for use.
- Check and adjust as necessary to ensure all castors and stabilisers are in firm contact with the ground.
- Check that the tower is vertical using a spirit level.
- Reapply the castor brakes.



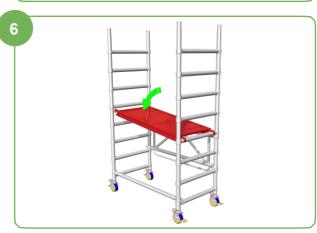








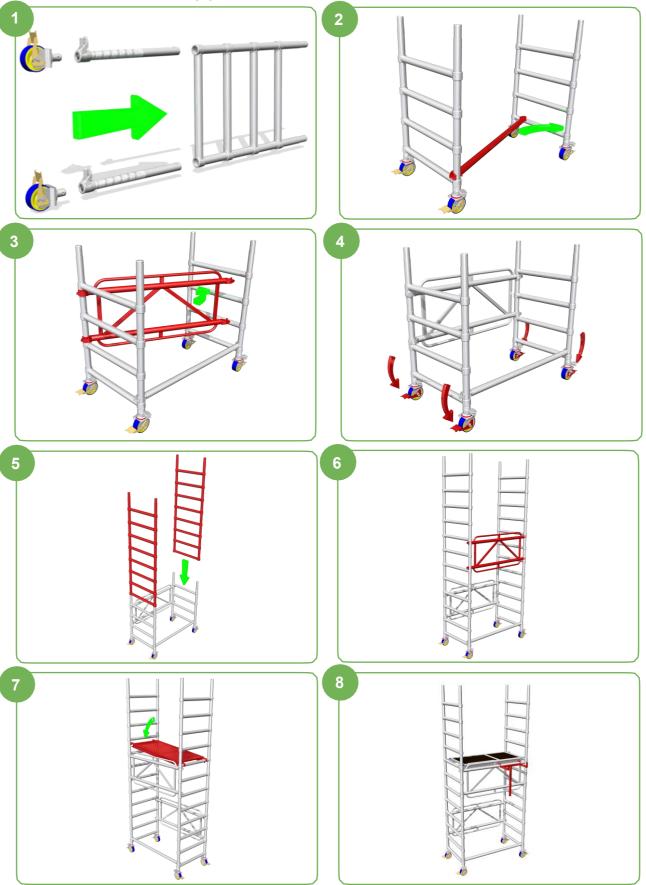












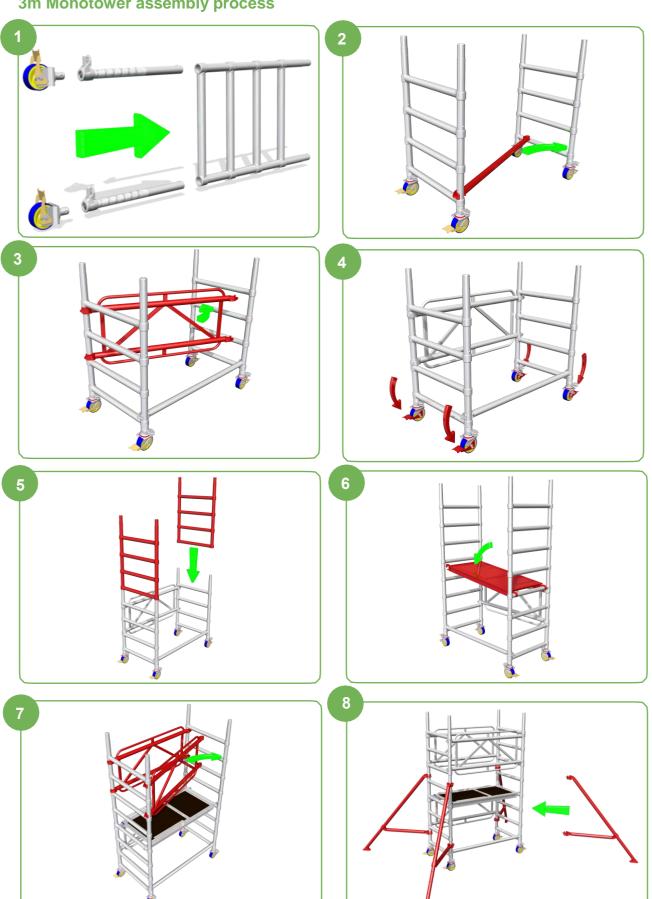












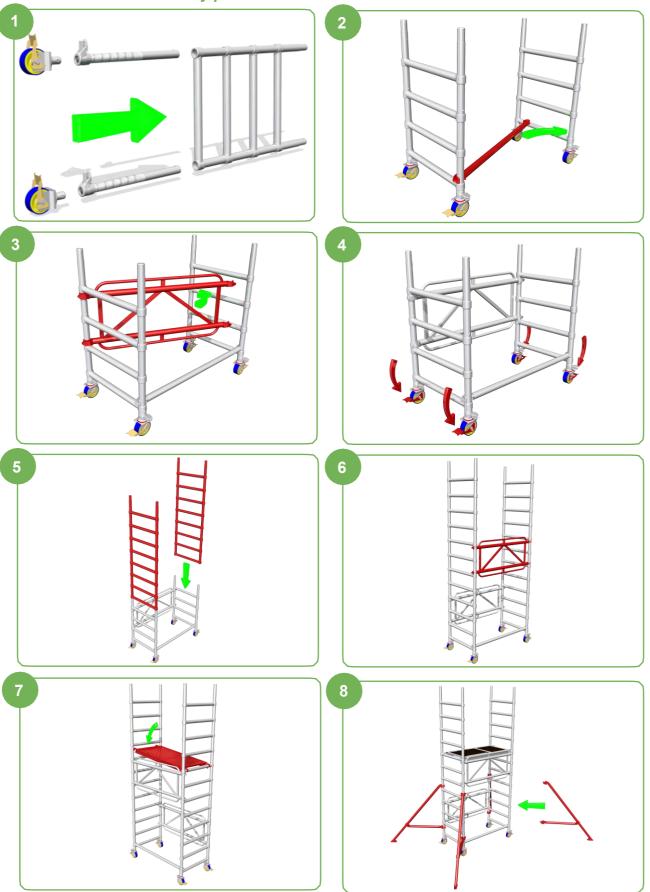




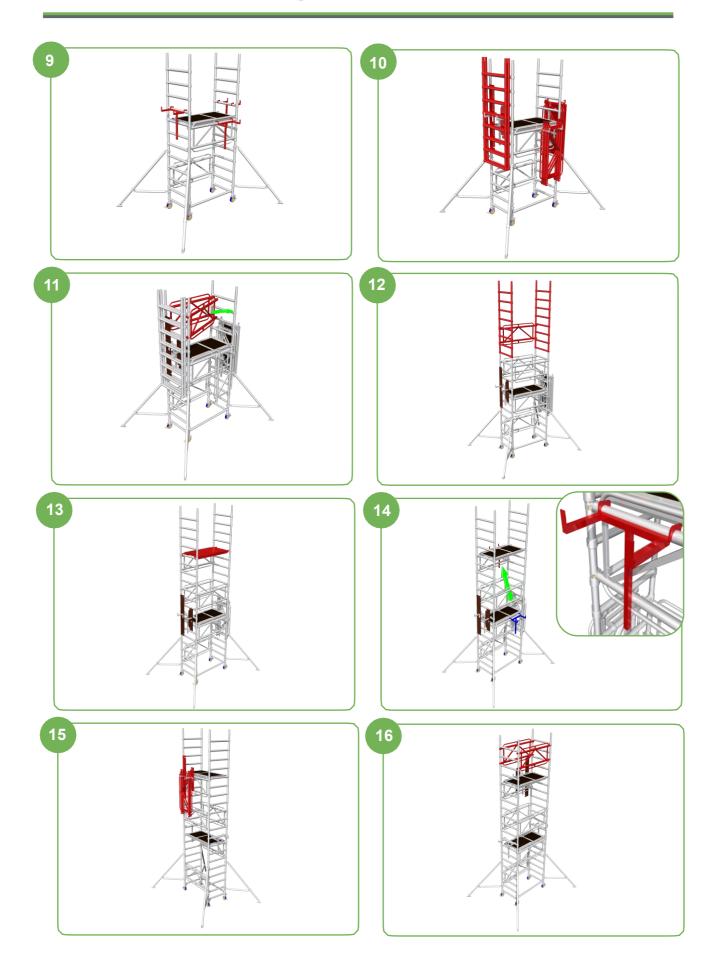




















DISMANTLING/MOVING THE MOBILE TOWER

To dismantle, follow the build process but in reverse order noting the following.

- To remove the guardrail frames or braces, first unlock the hook at the end away from the trapdoor.
- Sitting through the trapdoor, unlock the near end hook and remove the brace.
- Remove upper platform from the platform below and pass removed components to another worker
 To Move the tower to a new position, first prepare the tower.
- Wind speed should not exceed 29 km/h (8.1 m/s).
- Ensure leg extension is minimised (Max 150mm) Release the castor brakes.
- Raise the stabiliser feet only enough to clear obstructions.
- Ensure tower is empty (material and personnel).
- · Check for overhead obstructions including electrical wires.
- Move the tower manually by applying force at the base do not use machinery to push or pull the tower. Once moved - prepare the tower for use.
- · Check all castors and stabilisers are in firm contact with the ground.
- · Check tower is vertical (spirit level) and adjust legs as required.
- · Reapply the castor brakes.



